

# 2020 DK GP FIXTURES

<u>RACES</u>	<u>DATE</u>	<u>ORGANISER</u>
1 STOURBRIDGE STAGGER (7K OR 10M)	02/02/2020	STOURBRIDGE RC
2 RUGELEY 10 (10M)	16/02/2020	RUGELEY RUNNERS
3 ACTION HEART 5 (5M)	01/03/2020	ACTION HEART
4 CANNOCK CHASE (5M OR 10M) <b>** (RE-ARRANGED) **</b>	08/03/2020	NICE WORK
5 ASHBY 20 (20M)	15/03/2020	IVANHOE RUNNERS
6 GLOUCESTER 20 (20M)	15/03/2020	GLOUCESTER AC
7 LILLESHELL MONUMENTAL 10K	22/03/2020	NEWPORT RC
8 IRONBRIDGE HALF MARATHON	29/03/2020	TELFORD HARRIERS
9 FORDHOUSES 5K	APRIL	WOLVES & BILSTON AC
10 CATHEDRAL TO CASTLE (POINT TO POINT) 10M	05/04/2020	LICHFIELD-TAMWORTH
11 CHASEWATER EASTER EGG (5K OR 10K)	12/04/2020	NICE WORK
12 MARKET DRAYTON 10K	10/05/2020	MD10K
13 GREAT BIRMINGHAM 10K	31/05/2020	GREAT RUN
14 B'HAM BLACK COUNTRY HALF MARATHON (P2P)	04/07/2020	BBCHM
15 BLACK COUNTRY 10K	05/07/2020	HALESOWEN ROTARY
16 PERSHORE PLUM 10K	30/08/2020	PERSHORE PLUM PLODDERS
17 SPITFIRE 10K	30/08/2020	RAF COSFORD
18 MAGIC MILE (1M)	04/09/2020	MARK JUDGE
19 WORCESTER CITY RUN (10K OR HALF MARATHON)	06/09/2020	EVENTS OF THE NORTH
20 APLEY ESTATE (5K OR 10K OR 21K (TRAIL HALF))	27/09/2020	WREKIN ROAD RUNNERS
21 BIRMINGHAM (CITY) HALF MARATHON	11/10/2020	GREAT RUN
22 ALMOST8 (8K)	18/10/2020	KIDDY & STOURPORT AC
23 BRIDGNORTH 10K	OCT	BRIDGNORTH RC
24 ACTION HEART "TUFF'UN" 6M	NOV	ACTION HEART
25 TELFORD 10K	DEC	TELFORD RC
26 SNEYD PUDDING RUN (5M OR 10M)	DEC	SNEYD STRIDERS
27 TURKEY TROT (5M)	DEC	WOLVES & BILSTON AC
28 WHEATON ASTON ROMAN 10K	27/12/2020	NEWPORT & DISTRICT RC

## INDICATES MULTIPLE DISTANCES

### XC RACES

4 X BIRMINGHAM LEAGUE RACES - MADE UP OF:-

RACE 3 OF 19/20 XC SEASON

11/01/2020

RACE 4 OF 19/20 XC SEASON

08/02/2020

RACE 1 OF 20/21 XC SEASON

NOVEMBER 2020 TBC

RACE 2 OF 20/21 XC SEASON

DECEMBER 2020 - TBC

### MIDLANDS ROAD RELAYS

SPRING ROAD RELAYS

21/03/2020 SUTTON PARK

AUTUMN ROAD RELAYS

TBC - USUALLY SEPTEMBER

**10 DESIGNATED PARKRUNS 2020 (BEST 6 OF 10)**

1	TELFORD PARK	18/01/2020
2	WALSALL ARBORETUM	22/02/2020
3	EAST PARK (WOLVERHAMPTON)	28/03/2020
4	WEST PARK (WOLVERHAMPTON)	16/05/2020
5	DUDLEY	27/06/2020
6	SEVERN VALLEY COUNTRY PARK	11/07/2020
7	CHURCHFIELDS	15/08/2020 (DOUBLE POINTS)
8	WYRE FOREST	05/09/2020
9	SANDWELL VALLEY	03/10/2020
10	ARROW VALLEY	07/11/2020

**PARKRUN NOTES / CHANGES**

**\*\*DOUBLE POINTS FOR CHURCHFIELDS\*\***

**GENERAL NOTES**

**NO DK EVENTS ON THE CALENDAR AT ALL FOR GP POINTS  
BUT 20 POINTS PER EVENT FOR VOLUNTEERING**